



# 3,000 GOOD THINGS PODCAST GUIDE

USE THIS GUIDE DURING SUPERVISION, TEAM MEETINGS OR TRAININGS, TO BUILD YOUR TEAM'S KNOWLEDGE ABOUT PCSAO'S SHARED PRACTICE MODEL: PACT

## EPISODE 13: Advocating for Diverse Needs of Youth in Foster Care

This week, Mike and Ashley delve into the inspiring journey of their guest Eric, a young man navigating his identity and experiences in foster care, and discuss the importance of advocacy, acceptance, and supportive relationships in fostering resilience among youth. Eric shares his personal story, highlighting the challenges and triumphs of being in foster care, and emphasizes the need for understanding and respect in society.

### PACT PROFILE: ADVOCATING

To plead on your own or someone else's behalf to ensure one's voice is heard.

### TEAM DISCUSSION:

- Caseworkers, how comfortable are you with advocating for individuals in various settings like among your peers, in a court setting, with service providers or in the community? Are there families that you are currently working with that may not be able to advocate for themselves that you can support through advocacy?
- Supervisors, thinking of your current team, what is their level of comfortability with advocating and how can you model advocacy among your unit?

**CLICK TO LEARN MORE ABOUT PACT HERE:**

[OVERVIEW OF THE PACT MODEL](#)

[PACT BEHAVIORAL RESEARCH BRIEF](#)

[PACT 7 GUIDING PRINCIPLES](#)



**Do you have a success story  
you want to share?  
Reach out to Ashley Roy at  
[ashley@pcsao.org](mailto:ashley@pcsao.org)**

*You can access this week's episode through the PACT LAB Weekly Update email or on Spotify at 3,000 Good Things. While you're there, like and subscribe to help us share the great work being done by amazing caseworkers and supervisors like you!*