



3,000 GOOD THINGS PODCAST GUIDE

USE THIS GUIDE DURING SUPERVISION, TEAM MEETINGS OR TRAININGS, TO BUILD YOUR TEAM'S KNOWLEDGE ABOUT PCSAO'S SHARED PRACTICE MODEL: PACT

EPISODE 8: Relating in Real Time

In this episode of 3,000 Good Things, hosts Mike and Ashley engage with Alicia, a caseworker in child welfare, who shares her experiences and insights from her work. The conversation highlights the power of relating to families before tackling case plan objectives. Alicia emphasizes the need to meet basic needs and support parents emotionally, showcasing the collaborative nature of her team. The discussion also reflects on the broader themes of healing, relationship-building, and recognizing the various types of safety needed for each member of the family.

PACT PROFILE: RELATING

To identify with, or have or establish a relationship or connection with another individual, seeing humanity in others and having empathy.

TEAM DISCUSSION:

- Reflecting on your own journey, was there was a time that you were resistant or not ready for change? How did that feel and what did someone say to you or what did they do or not do that allowed you to move through and move forward?
- Thinking of the families you are currently serving, are any of them experiencing resistance to the process? How can you find time and space to relate to them and offer support? What could that support look like?

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[OVERVIEW OF THE PACT MODEL](#)

[PACT BEHAVIORAL RESEARCH BRIEF](#)

[PACT 7 GUIDING PRINCIPLES](#)



**Do you have a success story
you want to share?**

**Reach out to Ashley Roy at
ashley@pcsao.org**



You can access this week's episode through the PACT LAB Weekly Update email or on Spotify at 3,000 Good Things. While you're there, like and subscribe to help us share the great work being done by by amazing caseworkers and supervisors like you!