



3,000 GOOD THINGS PODCAST GUIDE

USE THIS GUIDE DURING SUPERVISION, TEAM MEETINGS OR TRAININGS, TO BUILD YOUR TEAM'S KNOWLEDGE ABOUT PCSAO'S SHARED PRACTICE MODEL: PACT

EPISODE 1: Lamar's Book Club Invites Vulnerability

In this episode, we meet Lamar King, speaker, teacher, trainer, and consultant. Lamar has lived experience as a child in the foster care system and has since created a life dedicated to helping youth, caregivers and professionals with the tools and inspiration to overcome adversity and build community. Lamar shares his experience in hosting Book Clubs for caregivers. Check out the show note in Spotify for more information!

PACT PROFILE: LEARNING

Approaching each day with the balance of learning to apply your experience and knowledge to date, with the eagerness to gain new skills and understanding in the process.

TEAM DISCUSSION:

How can you help create community among your team/unit/agency?

How can you help the families you serve create community?

Supervisors, how can you help respond to some of the questions and concerns your team has by building other connections?

CLICK TO LEARN MORE ABOUT PACT HERE:

[OVERVIEW OF THE PACT MODEL](#)

[PACT BEHAVIORAL RESEARCH BRIEF](#)

[PACT 7 GUIDING PRINCIPLES](#)



**Do you have a success story
you want to share?**

**Reach out to Ashley Roy at
ashley@pcsao.org**



You can access this week's episode through the PACT LAB Weekly Update email or on Spotify at 3,000 Good Things. While you're there, like and subscribe to help us share the great work being done by amazing caseworkers and supervisors like you!