

Ohio Senate
Health Committee
Testimony on Sub HB 33
May 9, 2023
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Good morning, Chair Huffman, Vice Chair Johnson, Ranking Member Antonio, and members of the Senate Health Committee. Thank you for the opportunity to provide this children services testimony on Sub. HB 33. My name is Angela Sausser, and I am the Executive Director of the Public Children Services Association of Ohio (PCSAO). PCSAO is a membership-driven association of Ohio's 88 county Public Children Services Agencies that advocates for sound public policy, promotes program excellence, and builds public value for safe children, stable families, and supportive communities.

The General Assembly and the Governor know that Ohio's children services system has experienced significant crisis for many years. To that end, we are grateful that Governor DeWine and the General Assembly made a substantial investment in children services in 2019 and maintained those investments in 2021. With those critical investments over the past two years, our county agencies have improved their practice with families, implemented innovative programs that can prevent children from having to enter foster care, and managed soaring placement costs. Our panelist, Aimee Rich, will highlight one of those innovations implemented in Ashtabula and 53 other counties called Ohio START (Sobriety, Treatment and Reducing Trauma).

Now, as we look forward over the next two years, the proposed investment for public children services agencies in the State Child Protection Allocation within KID Line 830506 must be

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maintained as these dollars are absolutely needed by our county public children services agencies (PCSAs) to help stabilize their workforce, address the cost associated with today's placement crisis, effectively implement the many changes that have occurred within our system over the last five years, and continue to become more innovative in our approaches to working with children and families.

First, our workforce challenge. A national study in 2018 revealed that 53 percent of Ohio's caseworkers demonstrated levels of secondary traumatic stress that met the threshold for Post-Traumatic Stress Disorder (PTSD). The stress of these jobs clearly existed before the pandemic but was exacerbated during lockdown as caseworkers continued to see children in person, investigate allegations of abuse, and remove children from unsafe situations. Those stressors have led to caseworker vacancy rates in the double digits in many counties and caseload sizes well above what is manageable and safe. PCSAO commissioned a research study (Executive Summary is attached) on Ohio's children services workforce crisis, revealing that our system experienced a 38% turnover rate in 2020, higher than the national average of 30%. We appreciate ODJFS's efforts to date on our workforce crisis, including a \$15 million one-time grant focused on recruitment and retention efforts. Even with these supports in place, agencies continue to struggle to recruit and retain quality caseworkers. The proposed increase in the State Child Protection Allocation would provide opportunities for PCSAs to continue successful recruitment and retention efforts that they have gained through the ODJFS grant.

The second crisis impacting the children services system is Ohio's youth treatment crisis, which has created severe placement challenges. PCSAO issued a report on Ohio's placement crisis (attached) in February 2022. We found that approximately 24% of children who entered foster care in 2021 did so primarily due to their behavioral health needs, developmental delays, or involvement in the juvenile justice system rather than due to abuse or neglect concerns. This report also revealed that in 2021, 6% of those youth had to spend at least one night at an agency due to no placement option being available in Ohio. In that same report, PCSAO issued a call to action asking state leaders to develop a shared commitment across systems for these

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youth with high-acuity needs. It's long past time to develop and implement a comprehensive, rapid response approach with real treatment options for these youth, especially those with developmental or intellectual challenges and high-acuity, externalized behaviors like aggression. We know this worked in Virginia when Gov. Youngkin created a multi-system task force that aggressively worked to reduce the number of children sleeping at agencies awaiting placement by 89% in six months. Our panelist, Tammy Osborne-Smith, will share how this treatment crisis has impacted Jackson County.

Yet even when we do find a placement, the costs can be astronomical. Residential facilities have had to increase their rates by as much as 60% due to overall inflation, their own workforce shortages, and the necessity of meeting new federal Family First Act requirements for Qualified Residential Treatment Programs (QRTP). Here is a good illustration of this increased cost: a small county in southeastern Ohio returned a youth to a facility for which they are currently paying \$2,500/day, double the rate they previously had been paying for this same youth at the same facility. The proposed increase in the State Child Protection Allocation allows PCSAs to address some of the rising placement costs while we continue to seek policy solutions for the lack of available and appropriate placement and treatment options.

The House reduced the overall funding in the KID Line Item 830506 by \$28 million in SFY24 and by \$25 million in SFY25, compared to the Executive Budget. In all transparency, even with this reduction, the new totals represent an increase over SFY2023 in this line item (ODJFS Line Item 600523). Even with that, we are concerned about this reduction because this line item contains many critical programs and services for foster children, youth, their families, and public children services agencies. Programs such as Ohio START (Sobriety, Treatment, and Reducing Trauma), Kinship Support Program, Kinnect to Family, Kinship Guardianship Assistance Program (KGAP), the Bridges program for foster youth transitioning to young adulthood, Tiered Foster Care, a new driver's license program for foster youth, and prevention services for families such as Triple P. This reduction could mean that children, youth, and families will not have access to

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these programs and supports that help children remain safely in their own homes, or with kin,

and be successful when they leave foster care.

The next two years are pivotal for Ohio's children services system. Again, we greatly appreciate

the increase in the State Child Protection Allocation (KID Line Item 830506), which is the only

direct state allocation to the county public children services agencies. In addition, we greatly

appreciate that this line item maintains funding as introduced for multi-system youth, Ohio

Kinship and Adoption Navigator program, and for best practice incentives.

However, the overall line item must be restored to the Executive Budget levels so that critical

programs, such as Ohio START, Kinnect to Family, Bridges, and prevention services can be fully

maintained or expanded in additional counties. For Ohio START, more than half of that

program's budget exists in Ohio MHAS Line Item 336421, Continuum of Care Services, which

was reduced by 10% in Sub. HB33. We ask for this line to be restored to Executive Budget

levels so that the Ohio START program can expand to 15 additional counties in SFY24-25.

We look forward to working with the General Assembly to maintain these investments for

children services, and to identify solid policy solutions that impact Ohio's youth treatment/

placement crisis and stabilize the children services workforce.

Thank you. I would be happy to answer any questions.

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PCSAO Report: Building a 21st Century Children Services Workforce

Executive Summary

In 2021, the Public Children Services Association of Ohio, the membership association of Ohio's county children services agencies, commissioned The Ohio State University College of Social Work to conduct research and develop recommendations to improve recruitment and retention of frontline children services caseworkers because of the workforce crisis many agencies are facing. Researchers were charged with examining successful efforts in other state-supervised, county administered child protective services (CPS) systems and in similar human services systems, gathering data through surveys and focus groups of county agency staff, and recommending strategies at both the state and county level for "Building a 21st Century Children Services Workforce."

Turnover among CPS caseworkers can be attributed to a number of drivers, including the highly complex nature and demands of the work, the resultant secondary traumatic stress, the quality of supervisory and organizational support, and compensation. Turnover is costly to taxpayers, increases workload and stress for those who remain, and ultimately harms the children and families served by the system. While turnover has hampered CPS agencies for years, the COVID-19 pandemic threatens to exacerbate the problem, triggering resignations in any number of fields.

A representative sample of CPS agencies and their staff participated in an OSU survey; survey respondents were then given the opportunity to join a focus group. Ohio workers in the sample reported feeling moderately satisfied with their work; however, levels of job satisfaction appear to decrease the longer employees work within a specific role. Not surprisingly, 63% of respondents (who included caseworkers as well as agency staff in other positions) reported feeling moderate or high levels of work stress. Caseworkers – particularly those working within assessment/investigation units – consistently indicated experiencing high levels of work stress.

Workers' commitment – their desire, need, or obligation to maintain employment – is not high. While in general, workers report that their agencies have a strong organizational culture, leadership, and evaluation context, specific features of employees' work experiences may influence their perceptions of organizational context elements. For example, the specific CPS unit in which employees currently work was

related to differences in their ratings of organizational culture and evaluation context.

Research findings reveal that workers feel they can carry out their job competently; however, workers overall reported a lack of clarity about what is expected of them. Significant opportunities for workforce retention include improving available supervision, strengthening external collaborations, and targeting psychological safety. Significant threats to workforce retention included worker disempowerment and a lack of voice as well as limited social and family services available to clients in the community.

With respect to successful strategies in other states and systems, large-scale change interventions that include frontline workers in decision making were found to support worker autonomy. Use of such approaches has led to greater satisfaction with communication, operating procedures, and organizational culture and climate, along with decreased role overload and emotional exhaustion. The use of employee selection programs to identify workers best suited for CPS work can increase employee satisfaction and build strong teams. Multifaceted interventions that include team building and leadership training can also increase job satisfaction and team cohesiveness.

Ohio must take a comprehensive and coordinated approach to improving recruitment and retention. Interventions should consider Ohio's complex children services system, engage all levels of the workforce in change planning and decision making, and elevate matters of race, equity and diversity. Specific state- and county-level recommendations can be found beginning on page 23. This report makes two overarching recommendations, each with two goals:

Recommendation 1: Reduce and Prevent Turnover-Related Risk Factors by Minimizing Professional Weaknesses and Threats

Goal 1: Reduce Workforce Burnout and Job Dissatisfaction

Goal 2: Decrease Negative Influences of Professional Climate and Leadership

Recommendation 2: Bolster Recruitment and Retention Protective Factors by Maximizing Professional Strengths and Opportunities

Goal 1: Increase Organizational Commitment and Intention to Stay

Goal 2. Improve Workforce and Community Experiences of the Profession



Placement Crisis Affecting Children Services Report

February 2022

Background

The Board of Trustees of the Public Children Services Association of Ohio (PCSAO) identified an ongoing but escalating challenge in placing children with high-acuity, multi-system needs. This challenge was originally identified by PCSAO in 2016, leading to the release in 2018 of the Children's Continuum of Care Reform plan. Although progress has been made on several strategies in the reform plan, the challenge of securing timely and appropriate placements continues to grow, particularly for youth coming into care with significant behavioral health needs, developmental/intellectual disabilities, or as a diversion from juvenile corrections.

Quantifying this placement challenge for youth with complex needs can be quite difficult as such data is not easily extracted from Ohio's child welfare automated information system. The following county public children services agencies (PCSA) completed a survey in mid-December 2021 to quantify this challenge: Ashtabula, Champaign, Coshocton, Crawford, Franklin, Jackson, Lorain, Lucas, Perry, Portage, Preble, Seneca, Stark, Summit, Tuscarawas, Union, Warren, Wayne, and Williams. These 19 counties provide a solid representation for the state as they are diverse in size, geographic location, resources, and structure.

Data were collected in three distinct categories to ensure no duplicative count:

- 1) Placements of young people diverted by the court from juvenile corrections;
- 2) Placements of young people with behavioral health as their primary need; and
- 3) Placements of young people with developmental/intellectual disabilities (including autism) as their primary need.

Overall Impact on Placement Challenges

The survey looked at the total number of children who entered care in 2021 (January – November/December) per county and compared that to the number of youth in each of the above three categories. While many of these youth could be accounted for in more than one category, respondents were asked to select the category that best represented the youth's presenting need(s).

The survey results show that 24% of youth (or 1,005 youth) who came into care in 2021¹ were diverted from juvenile corrections (9.3% of all cases), or entered primarily due to behavioral health needs (12.1%), or developmental/intellectual disabilities (2.4%). PCSAs are then

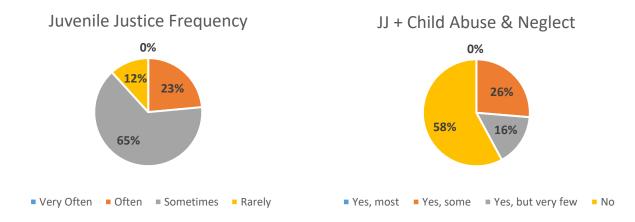
¹ Total number of children in care was calculated by some respondents to include those who came in and out of care, a few may have used the total number of children in care vs. came into care that year, and a couple may have included where custody remained with parent. PCSAs used actual and estimated numbers to account for the youth. According to ODJFS Public Facing Dashboard, there was a total statewide of 13,105 removals in 2021.

challenged to secure timely and appropriate placements for them. Assuming 24% is an accurate count for youth who come into care primarily as a diversion from juvenile corrections or due to their behavioral health needs or developmental/intellectual disabilities, then statewide this placement challenge could have included **3,145 multi-system youth**² (JJ, BH, DD/IDD) in 2021.

Closer Look at Juvenile Justice

Most of the responding counties (89%) experience courts placing youth in their custody as a diversion from the juvenile corrections, at least sometimes in terms of frequency (65%), and over half do not consider them to be abuse or neglect cases (58%). 94% of the counties responded that they have attempted to push back on the juvenile justice system for these placements.

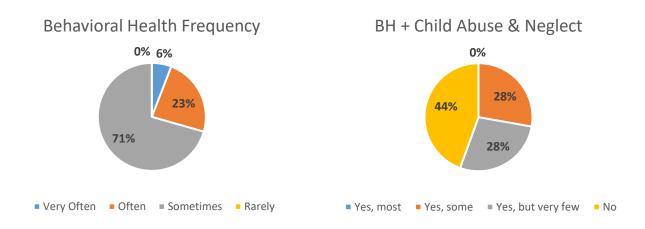
Of the youth who were placed in PCSA custody as a diversion from juvenile corrections in 2021, 26% (101 out of 393 youth from juvenile justice) were accused or convicted of a felony. That represents 2.4% of the total youth who came into care in 2021 from the counties responding to the survey. Statewide, this could mean there were 315 youth in PCSA custody who had been accused or convicted of a felony.



Closer Look at Behavioral Health

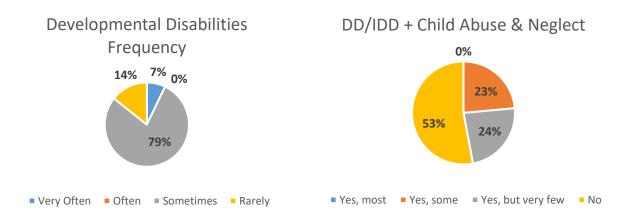
Similarly, 89% of counties experienced placements of youth whose needs were primarily behavioral health related, most with a frequency rate of at least sometimes (71%), and less than half would not be considered abuse or neglect cases (44%). 100% of the respondents reported that they have attempted to push back on the behavioral health system for these placements.

² This calculation is based on the ODJFS Public Facing Dashboard, Calendar Year 2021, All Removals = 13,105 children.



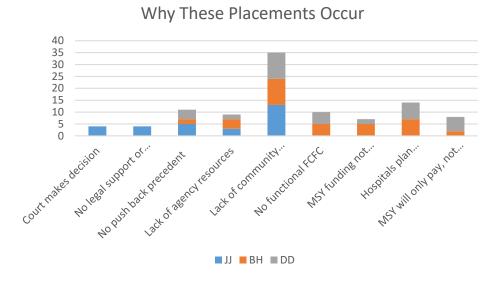
Closer Look at Developmental Disabilities

Most counties (74%) also experienced placements of youth with developmental/intellectual disabilities (including autism) as their primary need, most with a frequency rate of at least sometimes (79%), and more than half would not be considered abuse or neglect cases (53%). 86% of the respondents responded that they have attempted to push back on the developmental disabilities system for these placements.

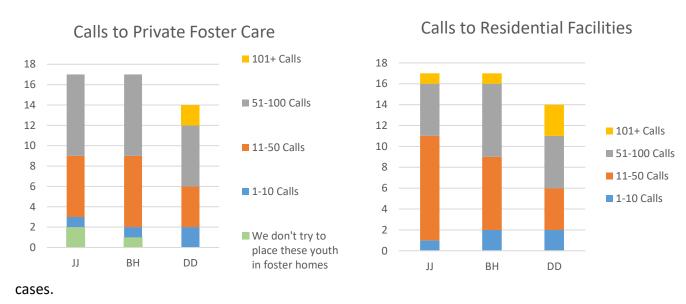


Reasons These Placement Challenges Create Crisis

While counties responded that they often push back on the other systems for these placements, there was overwhelming agreement that the leading issue impacting this multi-system youth population (JJ, BH, DD/IDD) is the **lack of community alternatives (34%)** for these youth. Respondents were asked why these placements occur, and responses included: court makes decision (4%), lack of legal support or inadequate representation for PCSA (4%), precedent does not support pushback on other systems (11%), lack of agency resources or staff (9%), lack of community alternatives (34%), lack of a functional collaborative (Family and Children First Council, FCFC) (10%), multi-system youth(MSY)/FCFC funding not timely enough to avoid custody (7%), hospitals plan discharge before another placement is secured (14%), and MSY/FCFC will pay but PCSA must still find placement (8%).



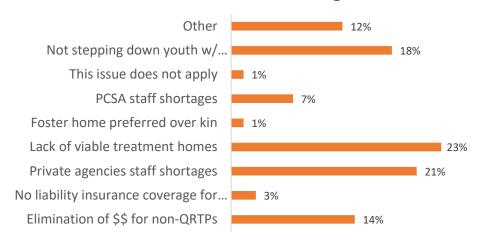
Despite these realities – the lack of community alternatives for youth, hospitals planning discharge before another placement can be arranged, and local collaboration and resources not being readily available or functional enough to avoid custody – PCSAs are nevertheless required to secure timely, appropriate placements for these youth with high-acuity needs. For this multisystem youth population (JJ, BH, DD/IDD), counties responded that they make at least 51-100 calls (46%) to private foster care networks and make at least 11-50 calls (44%) to children's residential facilities before securing a placement. Overall, 81% of counties are making between 11-100 calls (41% for 51-100 calls; 40% for 11-50) before securing a private foster home or a residential placement. This consumes staff time and resources (including other staff may get involved including director and legal), increases stress while the child may often be sitting in their agency waiting for a placement to be found, and reduces staff focus on abused and neglected



When a placement cannot be identified in a timely manner, PCSAs are left with the only other option: for the youth to stay at least one night in their agency. In the past year, the responding counties reported that **179 youth (6%)** who came into care in 2021 had to spend at least one night at the county agency. One child is one too many when spending a night at a PCSA, but extrapolating **statewide**, **786 youth could have had such a traumatizing experience** in 2021.

In addition, respondents were asked what recent changes or additional pressures may have exacerbated the placement challenges. The top three changes or additional pressures included lack of viable treatment foster homes (23%), staff shortages at private provider agencies (21%), and the belief that private providers have youth with lower-level needs (18%) that are not being stepped down to less intensive care, leaving no space for youth with more serious needs.

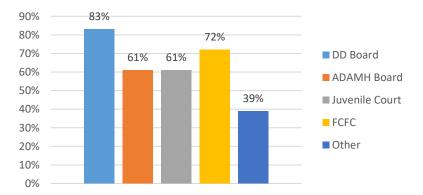
Additional Pressures Adding to Crisis



Positive Approaches for These Placement Challenges

Respondents reported that while securing placements for these youth can be quite challenging and a drain on resources, agencies have found success locally by regularly collaborating with other agencies where they share responsibility for multi-system youth (County Developmental Disabilities Board – 83%, Family and Children First Council – 72%, County Alcohol, Drug and Mental Health Board – 61%, Juvenile Court – 61%, Other – 39%).

Collaborate & Share Responsibility for Multi-System Youth (JJ, BH, DD/IDD)



Another positive is that success has been found at the state level with the new Multi-System Youth (MSY) efforts. With funding through the Ohio departments of Job and Family Services and Medicaid, the state's coordinated MSY state-level program has provided counties with some relief as noted in the survey responses. A couple of respondents noted that due to the available MSY funding through Family and Children First Council (FCFC) or at the state level, they did not have to experience a child come into their custody in 2021 due primarily to their behavioral health needs or developmental/intellectual disabilities.

While PCSAs try to seek placements in-state, at times they must consider out-of-state placements. Survey responses showed that while these youth present challenges with finding and securing timely, appropriate placements, only 5 of the youth who came into care required an out-of-state placement (0.12%). However, if this percentage were applied statewide for 2021, 157 youth could have been sent to an out-of-state placement. Ohio has typically had on average approximately 400 youth in out-of-state placements over the last few years, but this survey did not study if such an increase has been experienced recently.

There is hope that future efforts by Governor DeWine's administration to further address multisystem youth issues (JJ, BH, DD/IDD) such as OhioRISE and the establishment of psychiatric residential treatment facilities (PRTFs), further development of Family First prevention services, and more expansive levels of care for developmental/intellectual disabilities will help to address this placement crisis. **Overall, 26% believe future efforts will address this issue, 42% of respondents are unsure but remain hopeful, and 32% believe such efforts will not resolve the issues.** This is a great opportunity for the state and local agencies to partner closely and bolster these efforts to ensure that they do positively impact this population and the placement crisis.

Summary

This survey demonstrates that 24% of youth come into care primarily due to severe behavioral health needs, significant developmental/intellectual disabilities, or as a diversion from juvenile corrections. PCSAs are encountering real challenges in securing timely, appropriate, and available placements for them. While funding can be challenging, especially when considering higher level-of-care placements for multi-system youth with high-acuity needs, the key issues driving this current crisis are the lack of community alternatives, viable treatment homes, and other placement options due to staff shortages, particularly at residential facilities.

Gov. Mike DeWine's administration has prioritized improving outcomes for children, particularly those in the foster care system. This prioritization means more services and options are coming that should have a positive impact on today's placement crisis. The development of Medicaid's OhioRISE managed care program and ODJFS' creation of Tiered Treatment Foster Care will help. Selection of future Family First prevention services will be key in addressing the needs of youth who could be better served in their homes rather than in out-of-home care (foster home, residential facility). Taken together, these initiatives will make great progress toward many of the ideas put forth in PCSAO's Children's Continuum of Care Reform plan and should result in a more robust set of services for how communities can serve children and families. However, these

options will take time to mature and grow to scale. Thus, today's challenge will not go away anytime soon, especially with the workforce shortage impacting these sectors.

Even with these new options, we must tend to the underlying developmental/intellectual disabilities, behavioral health, and juvenile justice issues as they impact the children services system. Without addressing those, it is hard to see how children services will move beyond what may be assumed as the system of last resort for children and their families. Unlike other systems, when PCSAs receive referrals for youth with multi-system, high-acuity needs (JJ, BH, DD/IDD), they are required to find and secure a placement, and often to take custody of those youth. Focusing on solutions that include creating joint accountability and ownership among the other systems for these youth would provide a significant measure of relief for families, youth, and PCSAs. Therefore, we recommend a Call to Action with the following strategies.

CALL TO ACTION

- State leaders must demand that Ohio has a shared commitment that includes joint accountability and ownership across systems at both the state and local level for these youth with multi-system, high-acuity needs (BH, DD/IDD, JJ) and their families.
- State and local leaders representing these four systems (BH, CW, DD/IDD, JJ), service providers, and experts should be convened with a sense of urgency and a clear timeline to develop and implement a comprehensive, child-centered, trauma-informed, multisystem, rapid response approach for youth with high-acuity needs. This rapid response approach must factor in the contributing causes of the current crisis, including the complex needs of youth, the relevant market forces and workforce constraints, as well as potential new resources, such as potential ARPA funding, OhioRISE, Tiered Treatment Foster Care, and expansion of intensive crisis services. The approach should include:
 - Addressing the workforce shortages at private and public agencies to increase capacity for placements, services, and case management;
 - Assisting county systems in identifying and securing appropriate placement options including establishment of regional emergency short-term crisis beds for youth with high-acuity needs;
 - Assisting counties in identifying and securing local and regional community alternatives that meet the needs of these youth (BH, DD/IDD, JJ) so they and their families can be served outside of the children services system; and
 - Ensuring that private providers can serve youth with multi-system, high-acuity needs at reasonable rates, incentivizing those providers with progressive programming and collaborative stepdown efforts.

In conclusion, this survey reveals that Ohio's youth are not being served well, their needs are not being met, PCSAs are struggling to maintain the resources (staff, time, services, funding) to address their needs, timely and appropriate placements are not readily available, and alternatives in communities are greatly lacking. Action is needed now.